



# Church Matters...

**Sunday 23 June 2024**  
**Fourth Sunday after Trinity**

## Welcome

We are so pleased to welcome you to our service. If you are new to the parish or worshipping with us for the first time, then please do make yourself known to the person leading the service.

## Parish Diary

### Saturday 22 June

2pm - Wedding of Ryan and Rachel - St John's, Itchen Abbas

### Sunday 23 June

10am - Parish Communion and Presentation - St John's, Itchen Abbas  
with Revd Peter

*organist John Dover*

*further information on page 4*

4pm - Summer Praise - **Martyr Worthy Manor Pool House - new location**

*further information on page 4*

5.30pm - UTX - St John's, Itchen Abbas

### Monday 24 June

9.30am - Little Rainbows - St John's, Itchen Abbas

### Sunday 30 June

8.30am - Holy Communion - St Mary's, Avington

10am - Morning Worship - St John's, Itchen Abbas

Revd Peter will be on annual leave  
from Monday 24 June - Friday 12 July (inc.)

## Collect

O God, the protector of all who trust in you,  
without whom nothing is strong,  
nothing is holy:  
increase and multiply upon us  
your mercy;  
that with you as our ruler and  
guide  
we may so pass through things  
temporal  
that we lose not our hold on things  
eternal;  
grant this, heavenly Father,  
for our Lord Jesus Christ's sake,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## Psalm 107:1-2, 23-32

O give thanks to the Lord, for he  
is good;  
for his steadfast love endures  
for ever.  
**Let the redeemed of the Lord  
say so,  
those he redeemed from trouble**  
Some went down to the sea in ships,  
doing business on the mighty  
waters;  
**they saw the deeds of the Lord,  
his wondrous works in  
the deep.**

For he commanded and raised the  
stormy wind,  
which lifted up the waves of  
the sea.

**They mounted up to heaven,  
they went down to the depths;  
their courage melted away  
in their calamity;**

they reeled and staggered like  
drunkards,  
and were at their wits' end.

**Then they cried to the Lord in  
their trouble,  
and he brought them out from  
their distress;**

he made the storm be still,  
and the waves of the sea were  
hushed.

**Then they were glad because  
they had quiet,  
and he brought them to their  
desired haven.**

Let them thank the Lord for his  
steadfast love,  
for his wonderful works to  
humankind.

**Let them extol him in the  
congregation of the people,  
and praise him in the assembly  
of the elders.**

**Glory to the Father and to the  
Son and to the Holy Spirit;  
as it was in the beginning is  
now, and shall be for ever.  
Amen**

## Colossians 2:6-12

As you therefore have received Christ Jesus the Lord, continue to live your lives in him,<sup>7</sup> rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.

<sup>8</sup> See to it that no one takes you captive through philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ. <sup>9</sup> For in him the whole fullness of deity dwells bodily, <sup>10</sup> and you have come to fullness in him, who is the head of every ruler and authority. <sup>11</sup> In him also you were circumcised with a spiritual circumcision, by putting off the body of the flesh in the circumcision of Christ; <sup>12</sup> when you were buried with him in baptism, you were also raised with him through faith in the power of God, who raised him from the dead.

## Mark 4:35-41

On that day, when evening had come, he said to them, 'Let us go across to the other side.'<sup>36</sup> And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. <sup>37</sup> A great gale arose, and the waves beat into the boat, so that the boat was already being swamped. <sup>38</sup> But he was in the stern, asleep on the cushion; and they woke him up and said to him, 'Teacher, do you not care that we are perishing?' <sup>39</sup> He woke up and rebuked the wind, and said to the sea, 'Peace! Be still!' Then the wind ceased, and there was a dead calm. <sup>40</sup> He said to them, 'Why are you afraid? Have you still no faith?' <sup>41</sup> And they were filled with great awe and said to one another, 'Who then is this, that even the wind and the sea obey him?'

# Notice Board

**Presentation to Vernon** - we hope you will be at our 10am Parish Communion service this Sunday (23 June) at St John's, Itchen Abbas where we will be thanking Vernon Tottle for all of the work he has done for the parish with a presentation as he retires. The service will be followed by wine and canapés (thanks to the Cameo team). We hope you can join us.

**Rectory Tea Party** - We would love you to join us for our second afternoon tea at the Rectory this summer. Weather permitting, the date will be Saturday 13 July. Please join us between 4pm and 6pm. For an idea of numbers, please let Georgie know if you are able to join us. We look forward to seeing you. **Peter and Georgie** (georgie.2711@yahoo.co.uk or 01962 791160)

**'Summer Praise' - CHANGE OF LOCATION** (Sunday 23 June) – Building on what we launched as 'Easter Praise' in April, Tim Clapp and a small band will lead us in this afternoon act of Worship. Due to the ongoing building works at St Mary's, Easton, the location has been moved to Martyr Worthy Manor Pool House, Church Lane, Martyr Worthy. Park on Church Lane or the house drive and there will be signs showing the way to the pool. The service is designed especially with families in mind, we will gather at 4.00pm for some hot dogs and ice creams and then enjoy an informal time of Praise and Prayer. **The weather looks to be fine so if you fancy a dip in the pool, please bring along costumes and towels.**

**Sunday 7 July Change of Location** - please make a note that the Parish Communion will now be at St John's, Itchen Abbas.

**Mid-Summer thought** – As we enjoy the longer days of mid-summer, can I encourage you to think of ways to create more space in your day for prayer? Someone has said that, "as the mind is created for thinking, and the heart for loving, so is the soul made for praying—talking to our Heavenly Father".

So, what time are we giving to our souls—to pray, to breathe in and out with the help of God's Spirit? And prayer can take many forms: it could be going for a solo-walk around the Valley; sitting down quietly with a Psalm or another biblical passage; listening to a Prayer App (such as the very helpful 'Lectio 365'); or sitting with a pen in your hand and scribbling down the many thoughts running through your busy mind.

It was great to have space on the Quiet Morning in Judy's Bishop's lovely garden. Perhaps we can find some more such space in the coming weeks (and I would value your prayers for my own 'clergy quiet retreat' from Monday 8 to Friday 12 July). May we all be refreshed in spirit as we converse with our Heavenly Father.

## For Your Prayers

for the situations in Ukraine and the Holy Land

for those who are ill or suffering at the moment

for those recently bereaved

for Ryan and Rachel on their wedding day

for Vernon and Arminel for all they have done for the parish