

**Parish Communion**  
**St John's Church, Itchen Abbas**  
**Sunday 25<sup>th</sup> May 2025**

**Collect for the Day**

God our redeemer,  
you have delivered us from the  
power of darkness  
and brought us into the kingdom  
of your Son:  
grant, that as by his death he has  
recalled us to life,  
so by his continual presence in us  
he may raise us to eternal joy;  
through Jesus Christ your Son  
our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen**

**Psalm 103:1-8**

Bless the Lord, O my soul,  
and all that is within me,  
bless his holy name.

**Bless the Lord, O my soul,  
and do not forget all  
his benefits:**

who forgives all your iniquity,  
who heals all your diseases,  
**who redeems your life from  
the Pit,**  
**who crowns you with  
steadfast love and mercy,**  
who satisfies you with good as  
long as you live  
so that your youth is renewed  
like the eagle's.

**The Lord works vindication  
and justice for all who are  
oppressed.**

He made known his ways to  
Moses,  
his acts to the people of Israel.

**The Lord is merciful and  
gracious,  
slow to anger and abounding  
in steadfast love.**

**Glory to the Father and to the  
Son and to the Holy Spirit;  
as it was in the beginning is  
now, and shall be for ever.**

**Amen**

## **1 Peter 5:1-11**

Now as an elder myself and a witness of the sufferings of Christ, as well as one who shares in the glory to be revealed, I exhort the elders among you <sup>2</sup> to tend the flock of God that is in your charge, exercising the oversight, not under compulsion but willingly, as God would have you do it—not for sordid gain but eagerly. <sup>3</sup> Do not lord it over those in your charge, but be examples to the flock. <sup>4</sup> And when the chief shepherd appears, you will win the crown of glory that never fades away. <sup>5</sup> In the same way, you who are younger must accept the authority of the elders. And all of you must clothe yourselves with humility in your dealings with one another, for

‘God opposes the proud, but gives grace to the humble.’

<sup>6</sup> Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time. <sup>7</sup> Cast all your anxiety on him, because he cares for you. <sup>8</sup> Discipline yourselves; keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour. <sup>9</sup> Resist him, steadfast in your faith, for you know that your brothers and sisters throughout the world are undergoing the same kinds of suffering. <sup>10</sup> And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you. <sup>11</sup> To him be the power for ever and ever. Amen.

## **John 21:9-17**

<sup>9</sup> When they had gone ashore, they saw a charcoal fire there, with fish on it, and bread. <sup>10</sup> Jesus said to them, ‘Bring some of the fish that you have just caught.’ <sup>11</sup> So Simon Peter went aboard and hauled the net ashore, full of large fish, a hundred and fifty-three of them; and though there were so many, the net was not torn. <sup>12</sup> Jesus said to them, ‘Come and have breakfast.’ Now none of the disciples dared to ask him, ‘Who are you?’ because they knew it was the Lord. <sup>13</sup> Jesus came and took the bread and gave it to them, and did the same with the fish. <sup>14</sup> This was now the third time that Jesus appeared to the disciples after he was raised from the dead.

<sup>15</sup> When they had finished breakfast, Jesus said to Simon Peter, ‘Simon son of John, do you love me more than these?’ He said to him, ‘Yes, Lord; you know that I love you.’ Jesus said to him, ‘Feed my lambs.’ <sup>16</sup> A second time he said to him, ‘Simon son of John, do you love me?’ He said to him, ‘Yes, Lord; you know that I love you.’ Jesus said to him, ‘Tend my sheep.’ <sup>17</sup> He said to him the third time, ‘Simon son of John, do you love me?’ Peter felt hurt because he said to him the third time, ‘Do you love me?’ And he said to him, ‘Lord, you know everything; you know that I love you.’ Jesus said to him, ‘Feed my sheep.’

**Evensong**  
**St Swithun's Church, Martyr Worthy**  
**Sunday 25<sup>th</sup> May 2025**

**Collect for the Day**

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you have delivered us from the  
power of darkness  
and brought us into the kingdom  
of your Son:  
grant, that as by his death he has  
recalled us to life,  
so by his continual presence in us  
he may raise us to eternal joy;  
through Jesus Christ your Son  
our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen**

**Psalm 133**

How very good and pleasant it is  
when kindred live together  
in unity!

**It is like the precious oil on  
the head,  
running down upon the beard,  
on the beard of Aaron,  
running down over the collar  
of his robes.**

It is like the dew of Hermon,  
which falls on the mountains  
of Zion.

For there the Lord ordained  
his blessing, life for evermore.

**Glory to the Father and to the  
Son and to the Holy Spirit;  
as it was in the beginning is  
now, and shall be for ever.**

**Amen**

## Micah 6:6–8

<sup>6</sup> ‘With what shall I come before the Lord,  
and bow myself before God on high?  
Shall I come before him with burnt-offerings,  
with calves a year old?  
<sup>7</sup> Will the Lord be pleased with thousands of rams,  
with tens of thousands of rivers of oil?  
Shall I give my firstborn for my transgression,  
the fruit of my body for the sin of my soul?’  
<sup>8</sup> He has told you, O mortal, what is good;  
and what does the Lord require of you  
but to do justice, and to love kindness,  
and to walk humbly with your God?

## Philippians 2:19–30

<sup>19</sup> I hope in the Lord Jesus to send Timothy to you soon, so that I may be cheered by news of you. <sup>20</sup> I have no one like him who will be genuinely concerned for your welfare. <sup>21</sup> All of them are seeking their own interests, not those of Jesus Christ. <sup>22</sup> But Timothy’s worth you know, how like a son with a father he has served with me in the work of the gospel. <sup>23</sup> I hope therefore to send him as soon as I see how things go with me; <sup>24</sup> and I trust in the Lord that I will also come soon.

<sup>25</sup> Still, I think it necessary to send to you Epaphroditus—my brother and co-worker and fellow-soldier, your messenger and minister to my need; <sup>26</sup> for he has been longing for all of you, and has been distressed because you heard that he was ill. <sup>27</sup> He was indeed so ill that he nearly died. But God had mercy on him, and not only on him but on me also, so that I would not have one sorrow after another. <sup>28</sup> I am the more eager to send him, therefore, in order that you may rejoice at seeing him again, and that I may be less anxious. <sup>29</sup> Welcome him then in the Lord with all joy, and honour such people, <sup>30</sup> because he came close to death for the work of Christ, risking his life to make up for those services that you could not give me.